

College Park High School

Athletic Department
Parents Handbook

2010-2011



HOME OF THE FALCONS

This document can be found online at:
www.cphsboosters.com

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Welcome to College Park High School Athletics!

This handbook is being presented to you because your son or daughter desires to participate in interscholastic athletics at College Park High School. You have also expressed your willingness to permit him or her to compete. We believe that participation in sports provides a wealth of opportunities and experiences that assist students in their personal growth and development.

College Park High School has a long and proud tradition in athletics. In fact, with the 2010-11 school year we celebrate our 50th year of fielding athletic teams. Our rich history of success in athletics is demonstrated by numerous conference, NCS and State Championships. In the 2009/2010 school year our teams won 7 DVAL championships. Our athletes also excel in the classroom as many of our students and teams were honored by the district as Scholar-Athletes.

We hope to build and continue this success for years to come, however, we have a few obstacles in our way. As many of you are aware, the school district has cut funding for sports. We now are asking for contributions to help sustain sports now and into the future. We need everyone's participation if we expect athletics to continue and we are asking that parents, students and staff to work together to make it happen. In this handbook you will find information on fees for specific sports and transportation. You will also find information on other ways you can help.

I look forward to the continued success of our athletes and teams this upcoming year.

GO FALCONS!

Regards,
Lance Hurtado
College Park High-AD



High School Sports Depend on Parent Contributions

MDUSD high school sports will continue only if the revenue collected from parent contributions and the funds raised by the United Mt Diablo Athletic Foundation meet or exceed the costs the MDUSD incurs for high school athletics. All sports in the District will be in serious jeopardy if families with athletes playing a sport do not pay their contributions in a timely manner.

In the 2009-10 school year the MDUSD approved the following contribution per sport (excluding transportation fees) from each athlete. These fees cover costs previously funded by the MDUSD, such as a set number of coaches per sport, facilities, officials, team stipends/dues, and athletic dept services. Consistent with prior years, water polo, golf and lacrosse (and other partially funded sports) will establish and collect their additional sports participation fees separately. There is a \$600 maximum expense per family per year excluding transportation and team fees. We anticipate these fees will be the same for the 2010-11 school year.

Fall Sports (October 1, 2010 payment deadline)

- Football - \$300
- Girls Volleyball - \$225
- Cross Country, Girls Tennis - \$150
- Water Polo, Girls Golf - \$50

Winter Sports (December 1, 2010 payment deadline)

- Basketball - \$250
- Soccer, Wrestling - \$225

Spring Sports (March 1, 2011 payment deadline)

- Boys Volleyball, Swimming, Track, Baseball, Softball - \$225
- Boys Tennis - \$150
- Lacrosse - \$100
- Boys Golf - \$50

In addition, the mandatory transportation fees will remain unchanged and must be paid by the first game:

- Athlete's First Sport - \$100
- Athlete's Second Sport - \$75
- Athlete's Third Sport - \$50

The above contributions/fees can be paid either by check (made out to "CPHS") or via the web store at <http://collegepark.revtrak.net/tek9.asp>. The amounts on the web store are 4% higher to cover the finance/transaction fees. Checks must be given to the school treasurer.

Parents need to pay these sports contributions for the benefit of all College Park athletes. Questions related to this issue should be directed to the athlete's coach or Lance Hurtado, Athletic Director.



MT. DIABLO UNIFIED SCHOOL DISTRICT
JAMES W. DENT EDUCATION CENTER
1936 Carlotta Drive
Concord, California 94519-1397
(925) 682-8000

OFFICE OF
ASSOCIATE SUPERINTENDENT
EDUCATIONAL SERVICES

August 1, 2008

Dear Parents:

Beginning with the 2005-2006 school year, all high school athletes participating in district-funded sports are required to pay the nonrefundable annual transportation fee to partially offset the district cost to transport athletes to and from one pre-season, league and post season (if applicable) games. Students are to pay their fees directly to the high school treasurer.

There is only one exception to the "no refunds" practice and that is when district transportation cannot be provided for an activity. A one-time refund on a pro-rated basis may be requested if this occurs.

The Mt. Diablo Unified School District unlike many of its neighboring districts has not charged student athletes to pay any fee for participation. However, budgetary realities have forced the board to charge a minimal fee to help pay towards the total cost of transportation or to cut programs. Transportation fees for 2005-2006 generated approximately \$ 225,000.00 to help offset costs to preclude any cuts to current athletic programs.

Any sport team or group using district transportation is expected/required to pay the nonrefundable district transportation fee, i.e., J.V. or freshmen self funded teams, and cheerleading. Self funded sports such as golf, lacrosse and water polo will be exempt from paying the fee if the self funded sport is invoiced by transportation for payment. If the self funded sport is not invoiced by the transportation department and they would like to use the services. They would then need to pay the district transportation fee.

The fee schedule for each sport/group will be:

\$100 for the first sport \$75 for
the second sport \$50 for each
additional sport

The maximum fee per family is \$600 per year.

Self-funded sports qualify students for second or third sport fees.

Students who qualify for a "free or reduced price meal" may receive a waiver for the transportation fee. **It will be the student's responsibility to prove his/her eligibility to the high school treasurer.** The student can do this by providing the treasurer with a copy of the

eligibility letter received from Food Services or by getting a signed eligibility form from the Food Services' manager at their site before school in the morning.

Checks for transportation fees are to be made out to the school and **submitted to the school treasurer** (not the coach) prior to the start of the student's sport. Upon payment the treasurer will return a receipt to the student as proof of payment. High school athletes who have not paid the athletic transportation fee or provided proof of waiver may not participate until the fee is paid or waived. In the case of insufficient funds where a parent pays by check and the check does not clear, the student will not be permitted to participate until the check is cleared and fee paid.

Thank you for your cooperation and support in helping maintain our student athletic programs.

Sincerely,

Alan E. Young, Ed.D.
Associate Superintendent

CC: High School Principals
Vice Principals in Charge of Athletics
Athletic Directors
Treasurers



MT. DIABLO UNIFIED SCHOOL DISTRICT
JAMES W. DENT EDUCATION CENTER
1936 Carlotta Drive
Concord, California 94519-1397
(925) 682-8000

August 2008

OFFICE OF
ASSOCIATE SUPERINTENDENT
EDUCATIONAL SERVICES

Dear Parent and Student Athlete:

The Mt. Diablo Unified School District welcomes you to the 2008-2009 year of interscholastic athletic competition. The district has a long and proud history of participation and success in the North Coast Section (NCS) of CIF and its teams have produced league, section, and state champions at both the individual and team levels. But more importantly, the district is proud of the many students and teams who have won honors as Scholastic Athletes and Scholastic Athletic Teams.

Whether this is your first year or last year of high school competition we would briefly explain the requirements for participation. These requirements are:

- The student/athlete has evidence of a doctor's physical clearing him/her for athletic competition.
- The student/athlete presents proof of insurance. If the student/athlete has none, a low cost policy is available through the school district
- The student/athlete signs an athletic contract acknowledging the expectations of the school and district for participation;
- The student/athlete signs an acknowledgement of the NCS Ejection Policy and;
- The student/athlete and parent sign the NCS policy letter about the Use of Steroids

In addition, the student/athlete must demonstrate a minimum grade point average of 2.0 (4.0 scale) for the previous grading period, pass 20 credits the previous grading period, be enrolled in a minimum of 20 credits during the period of competition, and be on minimum graduation track.

Mt. Diablo Unified School District students/athletes have the opportunity to participate in fourteen different sports. We believe that the student/athlete can gain much in playing as many different sports he/she and their parents choose.

We expect coaches and staff to honor the right of students to make this choice. The student/athlete's participation is of their choice and should not be interfered with by any coach. Finally, if you have any questions regarding the athletic program at your school, please do not hesitate to call the school's athletic director, principal, or administrator in charge of interscholastic athletics.

Best wishes and good luck for a successful academic and athletic year.

Sincerely,

Alan E. Young, Ed.D.
Associate Superintendent Educational Services

Cc: High School Principals
Vice Principals in Charge of Athletics
Athletic Director Athletic Coaches

ACCIDENT INSURANCE REQUIREMENT:

California Education Code Section 32221 requires that all students participating in competitive athletic activities have insurance that covers at least \$5,000 in medical and hospital expenses in the event of an accident I acknowledge that the Mt. Diablo Unified School District does *not* provide accident, health, accidental death or dental insurance unless the District or Governing Board determines that participant's family is financially unable to pay. I understand that it is my obligation to provide such insurance before my son/daughter will be allowed to participate in any practice or contest.

I certify the following:

Name of health insurance provider _____	Policy or group number: _____
Health insurance effective date: _____	Expiration date: _____
Health insurance policy limits (min. \$5000 medical) _____	Hospitalization: _____
Name of dental insurance provider: _____	Policy or group #: _____
Dental insurance effective date: _____	Expiration date: _____
► Signature of Parent or Guardian: _____	Date: _____

NORTH COAST SECTION EJECTION POLICY: These rules and minimum penalties are applicable to players and coaches during the time that officials have jurisdiction for the contest in accordance with National Federation rules for the respective sport.

- Ejection of a player from a contest for un-sportsmanlike or dangerous conduct. **PENALTY:** The player shall be ineligible for the next contest (non-league, league, invitational tournament, post-season league, section, or state play-off, etc).
- Illegal participation in the next contest by a player ejected in a previous contest. **PENALTY:** The contest shall be forfeited and the ineligible player shall be ineligible for the next contest.
- Second ejection of a player for un-sportsmanlike or dangerous conduct from a contest during one season. **PENALTY:** The player shall be ineligible for the remainder of the season.
- When one or more players leave the bench to begin or participate in an altercation. **PENALTY:** The player(s) shall be ejected from the contest-in-question and become ineligible for the next contest (non-league, invitational tournament, post-season league, section, or state play-off, etc.)
- School officials shall orally report ejections immediately to the commissioner. The commissioner shall receive a written report from the official within 48 hours.
- Coaches shall orally report the incident immediately to the Athletic Director and write a written report within 48 hours. The athletic director in turn shall inform the principal of the ejection. The player(s) ejected for fighting will be subject to possible school suspension.

APPEALS: Only appeals related to the factual situation of the player's¹ ejection will be heard. Such appeals will only be made to penalties related to subsequent penalties after the ejection, they will not have jurisdiction to change the status of the player's ejection from the game in question. No appeal will be heard related to the official's judgment (other than an incorrect identification). Appeals will be heard initially through the ejected student's league. Subsequent appeals may be made through the applicable North Coast Section, CIF and State CIF appeals procedure.

Athletes will demonstrate good sportsmanship at all times. Un-sportsmanlike or dangerous conduct during practice games or at any time while representing the school will result in a team suspension (determined by the coach, athletic director and or the principal). Every player, parent, and coach must sign and read this NCS ejection policy before participation in an interscholastic contest. The Principal will send a statement verifying the fact that all players and coaches for the respective season have read and signed this Ejection Policy sheet. As a student and or parent I have read the NCS Ejection Policy and understand the penalties.

I have read this ejection policy of the North Coast Section and I will abide by its conditions. This policy applies to athletes, coaches and parents.

► _____	_____	_____
Signature of Parent or Guardian	Signature of Student	Date

STUDENT ATHLETE CONTRACT:

I, _____, understand the principles of sportsmanship, fair play and integrity and will adhere to the following regulations.

 Print Student Name

- | | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ol style="list-style-type: none"> The use of alcohol/drugs (controlled substances) or tobacco in any form is prohibited and use or possession will result in a 45 school day suspension from all extracurricular activities (including sports). If you quit a team you are not eligible for athletic points or awards and may not participate in another sport until the last team competition of the sport you quit has been completed.
 If you withdraw from a sport: you must do so before league competition begins. You must talk with your coach; return all equipment and uniforms within one week of withdrawal. If all of these steps are not completed prior to league play you will be considered to have quit. Punctual, regular attendance at practices and contests is required. You must obtain permission from the coach if you are going to miss any of the above. School uniforms are to be worn by team members only and at team sanctioned activities only. | <ol style="list-style-type: none"> Opponents and officials will be treated courteously. Conduct on and off campus shall be of a nature to bring credit to myself, my family, the team and the school. Administrative suspensions from sports activities can occur for inappropriate behavior. Eligibility rules of the school, Diablo Foothill Athletic League, Bay Valley Athletic League and the California Interscholastic Federation shall be followed. It is the coach's prerogative to rule on violations of general rules and specific team rules. The coach will present these rules to players and parents at the pre-season meeting. Athletes not returning uniforms/equipment will be charged immediately at the end of the season and all bills will be turned over to the school treasurer. Athletes will not be allowed to try out for another team until he/she is cleared from a previous team. 10. Athletes must use District approved transportation. Parents should encourage their athlete academically. The Student/athlete should strive to perform higher than at the 2.0 grade point average required to compete. |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

I have read the student athlete contract and I fully understand these requirements. I agree that my participation in any athletic activity is contingent on my honoring this contract.

► _____	_____	_____
Signature of Parent or Guardian	Signature of Student	Date

Mt. Diablo Unified School District
TRANSPORTATION OF STUDENTS IN PRIVATELY-OWNED VEHICLES
Certification and Authorization

I have agreed to use my privately-owned automobile for the transportation of students to school-related activities. I certify that I have a valid California driver's license and am 23 years of age or older. I also certify that my vehicle is properly registered and that I have, in force, automobile liability insurance in the amounts set out below. I certify that my vehicle is in safe operating condition. I also accept the terms of the indemnity provision below.

School _____

Student(s) being transported _____
(attach separate list if necessary)

Driver's Name: _____ Driver's License No.: _____

Address of Driver: _____

Home Phone: _____

Make of Automobile: _____ Year: _____ Model: _____

Auto License No.: _____ Passenger Capacity (Including Driver): _____

SEAT BELTS MUST BE USED BY EACH OCCUPANT.
STUDENTS UNDER AGE SIX OR LESS THAN 60 POUNDS MUST BE IN AN APPROVED CHILD RESTRAINT SEAT
THE MAXIMUM NUMBER OF STUDENT PASSENGERS IN ANY SINGLE VEHICLE IS SEVEN (7).
THE VEHICLE'S RATED CAPACITY MAY NOT BE EXCEEDED.
STUDENTS UNDER TWELVE MAY NOT RIDE IN FRONT SEAT OF VEHICLES EQUIPPED WITH AIR BAGS.
STUDENT DRIVERS MAY NOT TRANSPORT OTHER STUDENTS ON ANY FIELD TRIP.

I certify that I have met the minimum vehicle insurance requirements per occurrence as listed below.

- Bodily Injury Liability (BI): Each Individual - \$100,000; Total Each Accident - \$300,000
- Property Damage Liability (PD): Total Each Accident - \$25,000
- Medical Payments Each Individual - \$5,000
- Uninsured Motorist Coverage: Each Individual - \$30,000; Total Each Accident - \$60,000

OR

Combined Single Limit (BI & PD): \$300,000; Medical Payments Each Individual - \$5,000
Uninsured Motorist Coverage: Each Individual - \$30,000; Total Each Accident - \$60,000

PLEASE ATTACH A COPY OF INSURANCE COVERAGE STATEMENT

The Mt. Diablo Unified School District does NOT provide insurance coverage for privately owned vehicles. The vehicle owner is responsible for all costs associated with an accident and is advised to consult his/her insurance policy regarding coverage.

Indemnity Provision

Vehicle owner agrees and accepts his/her obligation to manage and control his/her vehicle in a safe and lawful manner. Vehicle owner agrees to defend and indemnify the Mt. Diablo Unified School District, its employees, officers and agents from any claim, action or lawsuit brought by anyone that arises out of, or is in any way connected to, the operation of the owners of the private vehicle pursuant to this certificate and authorization.

Date: _____ Signature of Owner: _____

Signature of Driver (if different from owner) : _____

Signature of Site Administrator: _____ Date: _____

Original form to be kept on file in school office.

Mt. Diablo Unified School District
HIGH SCHOOL FIELD TRIP PERMISSION SLIP

School site: _____

I grant permission for my child/ward _____
Name of Student (Please Print)

to participate in a field trip to _____
Place/Activity/Event

on the following date(s): _____

Approximate time scheduled to return to school: _____

Class or group attending: _____

Educational purpose: _____

Name of teacher: _____

Method of transportation: _____

Student's specific medical needs, if any: _____

Name of medical provider: _____ Telephone number: _____

Emergency notification number for parent: _____

Alternate emergency name & telephone number: _____

AUTHORIZATION TO TREAT MINOR: In the event that I cannot be reached in an emergency, I hereby give my permission to call 911 and/or to contact a medical facility or physician selected by the school staff to secure proper treatment for my child and that I will be responsible for said expense.

Prescription or over-the-counter medication- *I certify that I have on file in the school office, a current form stating all medications that my child must take.*

I HAVE READ AND HEREBY CERTIFY THAT THE ABOVE-LISTED INFORMATION IS CORRECT TO THE BEST OF MY KNOWLEDGE. I FURTHER AGREE TO THE TERMS AND CONDITIONS LISTED ON THE REVERSE SIDE OF THIS PERMISSION SLIP.

Parent/guardian signature: _____

Parent/guardian name (please print): _____

Teacher Acknowledgement of Student Absence

Teacher Approval:

_____	Subject _____	Period A
_____	Subject _____	Period 1
_____	Subject _____	Period 2
_____	Subject _____	Period 3
_____	Subject _____	Period 4
_____	Subject _____	Period 5
_____	Subject _____	Period 5
_____	Subject _____	Period 6
_____	Subject _____	Period 7

(Continued)

- I understand that my child has received staff and district approval to participate in a field trip. Under the California Educational Code and Board of Education policy, teachers and support staff may take students on field trips to enrich and complement their educational experience. Such trips, which may include overnight, out-of-state, and/or out-of-country travel, are always under the direct supervision of at least one teacher and all precautions are taken to ensure each student's welfare.
- I understand that this field trip is optional and a voluntary activity. Attendance by my child is **not** required and that an alternative activity at school will be provided if my child does not participate.
- Class attendance is important. Teachers may incorporate attendance and daily class participation within their grading policies. Field trips are also an important part of the curricula. You need to understand that students are responsible for all missing work. He or she must take the initiative in obtaining missing assignments and submitting completed assignments. Although teachers will, of course, make every effort to assist students who are absent, they cannot deliver individual lectures or demonstrations, instruction or labs to accommodate absenteeism. Grades and class attendance are often directly proportional
- I understand that all students going on this trip will be responsible in conduct to the bus driver, teacher, chaperones and, if applicable, adult sponsors, at all times. I understand that ALL CHAPERONES WILL BE 21 YEARS OF AGE OR OLDER.
- I understand that students are required to go and return from this event on the transportation provided, unless prior arrangements have been made and agreed to **in writing** by the principal or school site administrator.
- I understand that all field trips will begin and end at the school of origin unless I have made prior arrangements to pick up my child or have my child dropped off at an alternative location. I understand that I must inform the school of these arrangements in writing on or before the day of the field trip.
- Thereby acknowledge that I have been advised whether or not the activities involved in this field trip, excursion or event are considered by the district to be of "high risk" to the participants.
- The district does **not** provide students with field trip accident insurance. Parents who do not have medical insurance that covers their children are strongly advised to consider alternative student accident insurance that is available. Information is routinely sent to parents at the beginning of each school year. This insurance is from a private vendor and the district does not sell this insurance and makes no warranty as to the extent of the coverage.
- It is understood and agreed that this field trip shall constitute a field trip for purposes of the application of California Education Code Section 35330 waiver provided below.

WAIVER OF CLAIM

I understand that California Education Code Section 35330(d) provides that all persons participating in a field trip or excursion shall be deemed to have waived all claims against the district or the State of California for injury, illness or death occurring during or by reason of the field trip or excursion. I, the undersigned, the parent or legal guardian of the above named participant, acknowledge that as a condition of my son/daughter/ward participating in said activity, agree to indemnify and hold harmless the school, its employees and volunteers, the Mt. Diablo Unified School District, its governing board, the individual members thereof, and all other district officers, agents and employees from any liability, lawsuit, cost, expense or claim of any type whatsoever (including attorney's fees) for any harm, injury or death arising out of the above-named field trip.

With teacher, sponsor and principal approval, a high school student may meet at and/or leave from the destination on his/her own. If this option applies to your child and you approve, please sign below. Otherwise, he/she will be required to arrive and leave with the supervising teacher/coach: **Under this option, MDUSD will not be liable for any incidents. In addition, student drivers may not transport any other student to the field trip location.**

PERMISSION FOR STUDENT TO DRIVE TO AND FROM FIELD TRIP

I certify that my son/daughter has a valid driver's license and that the vehicle is properly registered and has full liability insurance coverage. My high school student has my permission and to and from the destination for field trip referenced in this document on his/her own I accept full responsibility.

Parent/Guardian Signature: _____

Pursuing Victory With Honor*

Code of Conduct for Parents/Guardians

Athletic competition of interscholastic age children should be fun and should also be a significant part of a sound educational program. Everyone involved in sports programs has a duty to assure that their programs impart important life skills and promote the development of good character. Essential elements of character building are embodied in the concept of sportsmanship and six core ethical values: trustworthiness, respect, responsibility, fairness, caring and good citizenship (the Six pillars of Character)- The highest potential of sports is achieved when all involved consciously Teach, Enforce, Advocate and Model (T.E.A.M.) these values and are committed to the ideal of pursuing victory with honor. Parents/guardians of student athletes can and should play an important role and their good-faith efforts to honor the words and spirit of this Code can dramatically improve the quality of a child's sports experience.

TRUSTWORTHINESS

- *Trustworthiness* — Be worthy of trust in all you do.
- *Integrity* — Live up to high Ideals of ethics and sportsmanship and encourage players to pursue victory with honor. Do what's right even when it's unpopular or personally costly.
- *Honesty* — Live honorably. Don't lie, cheat, steal or engage in any other dishonest conduct.
- *Reliability*—Fulfill commitments. Do what you say you will do.
- *Loyalty* — Be loyal to the school and team; Put the interests of the team above your child's personal glory.

RESPECT

- *Respect* — Treat all people with respect at all times and require the same of your student athletes.
- *Class* — Teach your child to live and play with class and be a good sport. He/she should be gracious in victory and accept defeat with dignity, compliment extraordinary performance and show sincere respect in pre- and post-game rituals.
- *Disrespectful Conduct* — Don't engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual nature, trash-talking, taunting, boastful celebrations or other actions that demean individuals or the sport.
- *Respect for Officials* — Treat game officials with respect. Don't complain or argue about calls or decisions during or after an athletic event.

RESPONSIBILITY

- *Importance of Education* — Support the concept of "being a student first" Commit your child to, earning a diploma and getting the best possible education. Be honest with your child about the likelihood of getting an athletic scholarship or playing on a professional level. Reinforce the notion that many universities will not recruit student athletes who do not have a serious commitment to their education. Be the lead contact for college and university coaches in the recruiting process.
- *Role Modeling* — Remember, participation in sports is a privilege, not a right. Parents/guardians too should represent the school, coach and teammates with honor, on and off the court/field. Consistently exhibit good character and conduct yourself as a positive role model.
- *Self-Control*—Exercise self-control. Don't fight or show excessive displays of anger or frustration.
- *Healthy Lifestyle* — Promote to your child the avoidance of all illegal or unhealthy substances including alcohol, tobacco, drugs and some over-the-counter nutritional supplements, as well as unhealthy techniques to gain, lose or maintain weight.
- *Integrity of the Game* — Protect the integrity of the game. Don't gamble or associate with gamblers.

**Our athletic program subscribes to the Pursuing Victory With Honor Arizona Sports Summit Accord "Pursuing Victory With Honor " and the "Six Pillars of Character" are service marks of the CHARACTER COUNTS! Coalition, a project of the Josephson Institute of Ethics.*

What Parents Can Expect From Their School

Communications you should expect from your child's coach:

1. Philosophy of the coach
2. Expectations the coach has for your child
3. Location and times of all practices and games
4. Team requirements, i.e. practices, special equipment, out of season training
5. Procedures to follow should your child be injured during participation
6. Discipline that may result in the denial of your child's participation

Communications that coaches expect from parents:

1. Concerns expressed directly to the coach
2. Specific concerns with regard to a coaches philosophy and /or expectations
3. Notification of any illness or injury or missed practices

Appropriate concerns to discuss with the coaches:

1. Treatment of your child, mentally and physically
2. Ways to help your child improve
3. Concerns about your child's behavior

It is very difficult to accept your child not playing as much as you may hope. Coaches are teachers. They make judgment decisions based on what they believe to be best for all students involved. As you have seen from the above list, certain things can and should be discussed with the coach. Other things, such as the ones listed below, must be left to the professional judgment of the coach.

Issues not appropriate to discuss with the coach:

1. Playing Time
2. Team strategy
3. Play calling
4. Other student athletes

There are often situations that may require a conference between the coach and the parents. The student athlete will be invited and involved in these meetings. To resolve the problem, we must have everyone's help and involvement. These meetings are encouraged.

- *Sexual Conduct* — Sexual or romantic contact of any sort between students and adults involved with interscholastic athletics is improper and strictly forbidden. Report misconduct to the proper authorities.

FAIRNESS

- *Fairness and Openness* — Live up to high standards of fair play. Be open-minded, always Willing to listen and learn.

CARING

- *Caring Environment* — Consistently demonstrate concern for student athletes as individuals and encourage them to look out for one another and think and act as a team.

CITIZENSHIP

- *Spirit of the Rules* — Honor the spirit and the letter of rules. Teach your children to avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

I have read and understand the requirements of this Code of Conduct and acknowledge that I may be disciplined if I violate any of its provisions.

Parent/Guardian Signature

Date

College Park Athletic Boosters Club

The CPHS Athletic Boosters are a group of community members – parents, teachers, students, alumni, coaches, business owners, and neighbors – who help support our teams by donating and raising funds, selling spirit wear, running snack bars at home games, and helping with setup at sporting events.

In recent years we have supported projects that benefit all students, as well as those for specific teams. We have funded the new Falcon Stadium synthetic turf field and multi-sport electronic scoreboard, the annual expense for the athletic trainer, new padding and paint in the gym, Baseball fencing and scoreboard, Electronic score table, Swimming electronic start system, wrestling electronic scale for tournaments, weight training equipment, and much more. We also award five Senior Athletes each year with \$750 scholarships.

Join us! And work with us to help make all of our sports programs a success. Your paid membership and any additional donation will be used to fund important athletic expenses that can't be covered otherwise. Help us with volunteer services for fundraisers, including our two annual fund raisers, the Crab Feed and the Golf Tournament. You will be contributing directly to your child's high school experience.

The Athletic Boosters also publish a bi-weekly newsletter highlighting recent contests and other events. To sign up for our newsletter please be sure to visit our website at: www.cphsboosters.com.

If you'd like to join the club and help our teams please fill out the form on the following pages mail to: CPHS ATHLETIC BOOSTERS, 201 VIKING DRIVE, PLEASANT HILL, CA 94523; or drop off at the school's Main Office Attention: Athletic Boosters Club; or pay online at: <http://collegepark.revtrak.net/tek9.asp>

eScrip...A Huge Opportunity for CP Athletics

The CPHS Athletic Booster Club has identified eScrip as a huge opportunity to help raise funds for our school's athletic programs. We'd like to ask that everyone with children in athletics sign up for eScrip and make sure they specify College Park Athletic Boosters ID# 5064305 as one of the programs you would like have funds directed to. It doesn't cost you a thing! Just make your normal purchases and merchants participating in the program will donate a percentage of your purchase to the boosters. We in turn will use those funds for athletic facilities improvements, equipment, etc. Other booster clubs have raised over \$100,000 on an annual basis through this program so we have only begun to scratch the surface of this opportunity.

For more information or to sign up for the program please go to the following website: <http://cphsboosters.com/eScrip.php>



CPHS Sports Needs YOU to Join the Athletic Boosters!



Every family is encouraged to join. You do not have to be a parent of a student athlete to support the Boosters, so please consider joining. More than 700 young men and women participate in College Park High School's Athletic Programs. Hundreds more participate as spectators, socializing at games, and cheering on their classmates. **A strong sports program keeps kids involved and builds school pride.** Over the last several years, our teams have won numerous league championships and made it to the NCS playoffs.

Who are the Athletic Boosters?

We're a group of community members – parents, teachers, students, alumni, coaches, business owners, and neighbors – who help support our teams by donating and raising funds, selling spirit wear, running snack bars at home games, and helping with setup at sporting events.

How do the Boosters help?

In recent years we have supported projects that benefit all students, as well as those for specific teams. We have funded the new Falcon Stadium synthetic turf field and multi-sport electronic scoreboard, Athletic trainer, new padding and paint in the gym, Baseball fencing and scoreboard, Electronic score table, Swimming electronic start system, wrestling electronic scale for tournaments, weight training equipment, and much more. We also award five Senior Athletes each year with \$750 scholarships.

What can you do?

Join us! And work with us to help make all of our sports programs a success. Your paid membership and any additional donation will be used to fund important athletic expenses that can't be covered otherwise. Help us with volunteer services for fundraisers, including our two annual fund raisers, the Crab Feed and the Golf Tournament. You will be contributing directly to your child's high school experience.

2010-2011 CPHS ATHLETIC BOOSTERS MEMBERSHIP FORM

Membership Levels and Benefits

_____ **Bronze Level** - \$40.00 (Vehicle sticker and discount entry card to MDUSD games)

_____ **Silver Level** - \$55.00 (Same as Bronze plus a CP hat)

_____ **Gold Level** - \$100.00 (Same as Silver plus a duffel bag)

_____ **Platinum Level** - \$250.00 (Same as Gold plus a stadium seat)

Parents Name(s): _____

CPHS Alumni? Yes Class of _____ Maiden Name: _____

Email 1: _____ Email 2: _____

Phone 1: _____ Phone 2: _____

Student's Name: _____ Graduation year: _____

Student's Name: _____ Graduation year: _____

Address: _____ City _____ Zip: _____

Yes! I want to be an active part of the Boosters Club. I'm interested and can help with:

- Fundraising Membership Business Partnership/Sponsor Team Liaison Work at Events
 Crab Feed Committee Golf Tournament Committee Donate crab feed or golf auction Items
 Board Member Other: _____

The Athletic Boosters will also accept contributions that will go directly to a specified team. Indicate the amount below and specify which team the funds should be directed to. Please note, these contributions will not replace the district contribution.

\$ _____ Football, Cross Country Boys, Cross Country Girls, Girls Golf, Girls Tennis, Spirit Squad, Girls Tennis, Boys Volleyball, Boys Water Polo, Girls Water Polo, Boys Basketball, Girls Basketball, Boys Soccer, Girls Soccer, Wrestling, Baseball, Golf, Lacrosse, Softball, Boys Swimming, Girls Swimming, Boys Tennis, Track & Field, Boys Volleyball

Please complete this form, enclose your check(s) payable to "CPHS Athletic Boosters" and mail to:

CPHS ATHLETIC BOOSTERS, 201 VIKING DRIVE, PLEASANT HILL, CA 94523

or drop off at the school's Main Office Attention: Athletic Boosters Club

or pay online at: <http://collegepark.revtrak.net/tek9.asp>

Date: _____	<input type="checkbox"/> Online	<input type="checkbox"/> WalkThru	<input type="checkbox"/> other	<input type="checkbox"/> Decal	<input type="checkbox"/> TY
Check # _____	Amount: _____			<input type="checkbox"/> DB	<input type="checkbox"/> CC



What are the facts? The Mt. Diablo Unified School District (MDUSD) has cut all funding for athletics, approximately \$1.2 million. This means that the six high schools in the MDUSD will not have athletics without alternative funding. If there are no sports in the high schools, what will happen to the more than 3,500 student athletes? Athletics are a valuable part of the high school experience, and necessary for the growth and development of our student athletes and our communities.

What is the UMDAF? It is an organization comprised of parents and community members from all six MDUSD high schools. Because of the ongoing state budget problems, the UMDAF was created to provide fundraising and financial support specifically for the MDUSD high school athletics. It is an unusual group in that it has representatives from all six high schools working together for athletics. As a result, all revenue raised by this organization will be shared equally among the six high schools. By helping all six high schools, hopefully this will strengthen the overall league.

What the UMDAF is not? This new group is not replacing the nearly \$1.2 million of funding previously provided by the MDUSD to high school athletics. Nor is the UMDAF replacing the fundraising efforts of our high school athletic booster clubs or individual sport teams. Rather, the intent of the UMDAF is to complement the current fundraising efforts of each high school and to help fill any revenue deficits in high school athletics within the MDUSD. Hopefully, by combining the resources of six high schools and covering a much larger geographical area, more businesses will want to contribute financially to the UMDAF.

What are the keys to a successful UMDAF? For the UMDAF to be successful, the following three things are needed.

- This new organization and its purpose needs to be communicated to everyone. This communication is a priority of the UMDAF.
- Each District high school and the community in which each high school resides, needs to participate actively in this organization (as all revenue is split evenly among the six high schools).
- A lot of well-coordinated work will be necessary. The more people involved in the UMDAF, the more successful this organization will be.

What can you do? You can do many things, including:

- Support the UMDAF fundraisers and spread the word about the UMDAF where appropriate.
- Get involved in the UMDAF and help strengthen the DVAL by raising funds for athletics in our District.
- Attend the UMDAF general meetings which are posted on the UMDAF website.

www.unitedmtdiabloathletics.org